

## **MARK HUBER TELECALL dated 9/1/09**

### **Part 1**

MARK: Well hi everyone. This is Mark Huber and also on the presenter line is Beth Trutwin and also Kauila is on from Hawaii and we welcome you tonight and I hope that we have Rama and Tara. They'll be on later on. What we will do tonight because we have an unusual series of information, let's call it that, that has come in, especially in the last 2 days. So I think that we might just start there. To kind of get everybody in the same space, is to do something that's unusual for us, and that is a little meditation. We'll then just start with that right now. I'll just read you this meditation and everybody can kind of relax and get into the mood for what's happening tonight because we do have some things that are pretty contrasting in a good way that I think we are going to be sharing.

So tonight, we are returning to Love. We are returning to Peace. We are returning to Oneness. We are the One Family from our densest physical aspects to the highest levels of our being. Everything is part of the Cosmic Flow. From Oneness, a bond flows which brings Peace with Love and includes ALL within the new Holographic Matrix Reality. We work with the universal waves, ripple effects, this is a powerful healing tool. World Peace begins with inner Peace. No one can be left out who wants Peace. We are ALL being called to come together as ONE. This evening, we will all be moving energetically to co-create this powerful dynamic circle of all present. Not just ones present in physical, but all of those who overlight us from all individual and collective levels.

So let's begin and in this circle, let's start by acknowledging that this gathering is truly a sacred space. Allow yourself to first take a deep breath in. Now find a more comfortable position. Make sure that all your other distractions have been set aside and then release that deep breath. Continue slowly doing this and going within. Listen to your own inner heartbeat. Now slow your breath down. Wonderful. Now that you and we are in a more peaceful space, ask what it is that takes you out of that space. What destroys your inner peace? Just feel the difference and as you do this, go into your heart and just acknowledge it. Do not judge it, do not in any way do anything except to acknowledge it. In other words, I feel this, I see that, I am thinking this. That's all you have to do. If there is a situation, a person, a place, a thing or an event that took you out of that inner peace zone, acknowledge it. This is derivative of the word responsibility.

When we can choose our response, we can move out of a reactive or over reactive space. This is where we move out of our inner peace zone. So again, when during today, you moved out of that peace zone at any time, if you noticed that, were you able to choose your response and stay in the inner peace zone today? This is a great skill to have at this particular moment because that is the place where you will be able to hear good things of contrast and also challenging things of contrast. From there, you will be able to appreciate what it is that you are hearing without reacting inappropriately. So let's envision a prayer, a meditation, of reuniting ALL in Peace, Joy, Love, Harmony and Unity. Let us actively choose Peace for the Heart/Soul Spirit of the new Matrix Hologram of which we are ALL a part. Everything else is trivia. For without Peace, you cannot [inaudible] and react or constrict.

So let's visualize a beautiful light in your crown chakra just at the top of your head. Moving down your spine and let the energy move in a figure 8 motion. That is a circular crossing motion that comes back and folds over and comes back up and unites from upwards to downwards and back again. Feel if there are any blocks slowing down your energy. When we feel the energy flowing through around and around, we released any blocks in our energetic bodies. This brings a profound Peace in the whole body. Now, we feel a lot lighter and a lot more connected to who and what we are.

Today is a 1 day numerologically. A new beginning for the whole Earth. It is also a new beginning for the month of September which is a 9 month which is completion all month long. We will be seeing, experiencing and releasing completions of all that has been, all that is, and all expectations about what comes next. As we release, we become centered in the moment and that is where the magic lies. It's in this and every single moment so we bring in Source Light and Source Love to create Peace for Gaia, for her Twin Flame Vywamus and all of Earth and all within and upon it.

Visualize yourself joining hands with another unseen listener, one on your right and one on your left and see them joining hands and see this spread around making a circle all around the Earth. Makes no difference what country we are in, what language we speak, what age we are or any other thing. It is just a chain of hands acknowledging that we are ONE. Just see this beautiful Grid of Light now activated by Christmas tree lights. Because our hands are joined, so also are our hearts and now let us begin to send this energy out from our hearts. Filling the heart first and only allowing the overflow to go onward. This energy that you are feeling is that and just allow this to go from your hearts with an intention to overly creating Peace in our world and see that happening in any way that feels right to you. Maybe it's just light going around, maybe it's a feeling of

warmth that recognizes that we are all ONE, and that is the way to do it. Right now, you could be sharing a smile with someone in your home or on the telephone. It could be feeding a child in a third world country. It could be seeing a soldier put their guns down. And see this act of kindness, this act of Peace moving from your heart to the center of the circle and from the center of the circle to the core of our planet. One person can co-create and a large movement when joining with others. See our listeners making those steps and emanate that Love energy from your heart to the planet.

Now, I can feel that energy coming from each one of our hearts. Tonight, we're really going to ground in that energy because it's going to carry us through the next 8 days of the most wonderful news and events yet experienced. There was an extraordinary event today that did connect everyone and everything. This is all about Twin Flame partnerships and our Family of One (Angelic, Galactic, and Human). All of Heaven is going to break loose on Earth. We are going to bring Heaven to Earth NOW. We are now requesting from you, God, Christ, the Holy Spirit and God Force, that all the causes of the lack of Peace now be undone. We ask that all negative ego, fear based, separatist, negative programming from all involved be undone, removed, cleansed and totally vacuumed out. As the collective spiritual leadership of this planet, we here are all now literally praying for an absolute miracle of God and the God Force to take place in this moment and every moment here and after until this immaculate vision we are now holding is made physically manifest on the Earth. Physically manifest on the Earth. Physically manifest on the Earth.

The final part of that is that right now, we have you might say, we're still responding and reacting to and feeling the experience we had earlier today. I think now that we've got this in, let's keep this in mind.

Beth, I believe, first of all, there have been an awful lot of questions from people about certain types of technology that affect our spiritual development and the activation of our abilities and so many other things including our memories. So I was just wondering if you would care to read what Lord Acturus has to say about the Crystalline Grid backup that we are in right now for 9-9-9.

BETH: Sure. Mark and I were, we had a few questions we wanted to ask Lord Arcturus and they related to light technologies and we asked him to explain the percentages of how much our bodies had become crystalline and we asked him to explain the technologies to us. And he said that:

Formless consciousness is where you and everyone comes from. Guess what form consciousness is? Layer upon layer of light and sound energy when connected together form a conscious matrix called the Human Body.

It is possible to stick a hand right through someone's body, if done a certain way. It is important to understand, the human body is not solid. It is layers of conscious particles which are charged elements. These charged elements respond to light energy. The elements on the periodic table, some of which, make up the human body, each have their own etheric makeup. They each have a different vibration. They also belong to Groups which are all, for example, fire, water, earth, or air Groups of atoms. These different Groups respond to different octaves of cosmic rays. It looks like a symphony combining and making melodies. Certain combinations make a song and light show experience.

Carbon-based body vs. Crystalline-based body. A very interesting thing will happen 9-9-09. The Earth portal opens the energies so the crystalline structure of Earth amps up to something around 75% charged and active. THAT MEANS the selenite pillars in center Earth, and at the Poles, becomes active. So does the emerald crystal pathways. This will effect the energy centers of the body in each one of us! YES. The chakras and organs, pineal and hippocampus, the emotions and memories, heart and filtration, purification, regeneration and transmutation are ALL going to be effected!! Amping up selenite pillars in Earth's inner core, and emerald veins, as well as veins of gold, and other minerals, will cause the human body to vibrate at a higher frequency. No longer will old healing techniques work, they will be too crude to have an effect. Many surgeries will become outmoded overnight. The cutting out approach will disappear from use.

Remember, the crystalline core of earth is changed. The cosmic rays beaming in from the Central Sun now carry elements never seen before. These are to be absorbed by the new crystalline bodies. Crystalline bodies respond to light technology for healing. This will bring about eradication of disease.

LIGHT ENCODED REALITY MATRIX [LERM] LIGHT BEAM TECHNOLOGY. THIS IS AN ARCTURIAN TECHNOLOGY BROUGHT HERE BY ME AND THE ARCTURIAN TEMPLE WORKERS. It has been in limited use for the past five years on Earth. There are computer programs written into LERM that can cure anything using light beams. These are what I have been showing you on the ships. This is what you have put out for people to ask for, when doing self-healings. People are able to be healed, in a bilocated state, while with me and it will be a form of LERM used on them. You and Mark have already been worked on, jointly, by LERM. I used this on you with Dr. Lorphan and you also used it when visiting Imhotep. This is the technology you attune people's energy field to when you are doing healings.

Now, with the new technologies, there are other things even better than LERM. These things are appropriate for the new Galactic-Human crystalline body. This new technology works on Higher Octaves and uses "more harmony". In other words, more sounds and colors are used, on these more refined, more galactic bodies.

What is the next step? You may do LERM sessions with me. You may do these, you ask for it. Ask Beth to facilitate it and ask to be given the greatest allowable crystalline upgrade available that day. We can do 2-5% increment jumps per treatment. We can do treatments every 72 hours. What you don't know is, they work in octaves. As you get closer to 100% crystalline, it is a doubling effect. A small percentage increases the crystalline structure large amounts toward the end. This causes vast improvements in the overall body. You may offer these treatments to others. I will facilitate these. This only takes about 20 minutes.

LERM machines are available for prepared ones, on a very limited basis. This is not something you would want to get into. As things on Earth change, there will be mini LERM machines made available to anyone who wants one. That is some years off.

BETH: So that was Lord Arcturus answering our questions regarding the healing machines [inaudible].

MARK: Well Beth, one thing. Some of the people may not be familiar with this acronym for the Light Encoded Reality Matrix or LERM light. We first learned about this in 1977 on the [www.wingmakers.com](http://www.wingmakers.com) series of interviews with Dr. Neruda. As a result, this has been totally, as far as I know, under control by the ACIO. The Alien Contact Investigation Office which is 38 levels above the President. It is also controlled by certain elements of the military for protective purposes. So this has been very, very much kept under wraps in highly guarded facilities so it wouldn't fall into the wrong hands because this can advance the person's consciousness and capabilities by quite a bit. As Beth was saying, Lord Arcturus has now told us, in fact showed us, new equipment.

Their Mothership has just arrived recently. They had been working out what we thought was their Mothership, but it was not. This is a humongous ship that came from the whole world. All of these major players, if you want to call it that, have helped us throughout all the eons of time since the beginning. These ones have the most advanced technologies in the universe and so these things now that are available that just came in. And we were just shown this equipment. It is much smaller. There are things before that they had to peel layers with. Now, this is non-invasive and can be done and it does what would appear to be miraculous. But these are kinds of things that we have to look forward to. So that within a short period of time after this 9-9-9 event and after we have landings, then equipment in this order and this family of equipment will become available.

Some of it will have to be aboard the ships initially, but then will be on the planet later. But everyone that asks and desires healing, will have some one or combination of these things available to them after we have landings. In the meantime, people can go up to the ships as Dr. \_\_\_\_\_ facilitates this. I myself have had surgery done in this manner and it is quite extraordinary what was involved. But we thought you might be interested in knowing about this and some have known about the Wingmaker material so you can go look it up and read a little more. I believe it is mentioned in both the 2nd, 3rd, and 4th interviews with Dr. Neruda on that site. Now they say there is something better. They say there is something that has gone beyond that.

BETH: Mark, I just wanted to add that when Lord Arcturus was answering that question, he said that is the technology that will be used on anyone who uses the self-healing techniques that asks for the Arcturian Light Technology. That is what he is using. So if a person requests that personally for themselves, they will be bilocated for healing and the healing will take place and they can go ahead with their normal life, but the healing is taking place on the inner planes. It also can be facilitated that way.

MARK: Okay thank you Beth for that clarification. I know a lot of people out there. We receive emails from them all the time. That are in healing work or themselves need healing work and they are wondering about these new techniques. So the main thing to understand, if we really listen here, is that no one needs to be concerned about the kind of medical care they have been getting which is almost always invasive. Involves cutting, burning or poisoning and that will all be stopped. And the whole pharmaceutical industry on which that is based will be, shall we say, cleaned up. It has already started, but you haven't seen it yet. Out on the front page level yet, but this will come very rapidly after 9-9-9 because that is the key event that supports new healing and new power and many other new equipments that will be revolutionary to everyone here that is a part of this. So we will be talking a lot more about this concerning other questions that people ask and also the Galactics themselves will be talking about many of these things on 9-9-9 on the conference call we will have on that day. Speaking about that, I think now, I would like to ask Kauila to come forward and tell us what the KOS had to say today.

KAUILA: This is a message that the KOS started giving to me this morning and just finished up about 2 hours ago so I'll read it to you.

September 1, 2009

This is the month of new appointments, if you will. Whereas the covers have begun to be removed, and all is opened to the truth, this is the time of shall we say complete nakedness. emperors are found all over this planet with out their clothes. And we say to you that these emperors have no empire. These emperors are tearing off each other's clothes, piece by piece, as the apparent madness shakes the world to its core.

This shaking is a splendid thing. This shaking is just what the doctor has ordered. This order is what the Sirian Commander has established as his program for being on this planet at this time, just as each of you understanders reading this know more exactly what your missions are. This is why you are here. This is why you have left all, become crazy, far out, to the minds of many, left "stability" of the standard normality and learned to explore, embrace, and live in and with the New Reality here.

Craft of ours are appearing in remarkable widely visible ways to the naked eyes of many. More and more all come to see that alone you not be.

There is much yet to be considered for this time of new gridification. As one grid, actually a not-at-all-grid, dissolves, the next grid is coming in a crystalline way which let us say there is much talk about these. Every object that is built requires a grid to manifest it, whether the building or structure is tall or small or whatever. The grids of the past billions years set up by shall we say a rather stop-them-all-from-being-who-they-really-are grid. These are mind grids, mind structures. These ones have become ingrained in the outer levels of the billions of beings occupying the surfaces of this planet. Very excellent grids when you want the control option.

The new grids have no control option whatsoever. These crystalline grids, are much like the physical crystals you know of, sparkling, shining, light reflecting, light being. These are rapidly changeable to a higher form or structure as the need arises. Such is the case now. What we can say is that the obvious old methods to say the least are wasting away, and beings depending on them for their processes, whatever processes, any processes, are falling away. They are all exposing themselves and at the wish desire request of most beings on this planet, in this Galaxy, in fact, all are saying, "We want the new grids...now!!! Thank you, in Love, for these new grids".

Ancillary (side) effects of this include enlightenment of all "dark" agendas, beings supporting them, groups thought forms supporting them, and any and all support whatsoever for those systems.

So as we shall have more to add today at the telly-conference, we shall end this part of our today message here. Helpful to listen, inner listen, to the heart voice within, and follow that guidance, or lack thereof. Many feel reluctance to do this as such guidance "makes no sense". And we say, of course it makes no sense. All guidance from the intellect and old thought systems are no-sense-i-call. They make no sense, because there is no attunement to this new grid system coming already IN being, and coming even more INto being.

Mahalo, Blessings, Namaste,

MARK: Thank you Kauila. I would like to now ask Beth to give an introduction to the experience, the most powerful one thus far, that we had today. And that was followed up by a confirmation stemming from Mother Sekhmet. And Rama and Tara will be on the line here in a bit after this and then we'll get into answering questions and other things that may come up here. So Beth, would you give an introduction to that experience today?

BETH: Hi. Yes. I wanted to share with everybody a meditation that Mark and I did earlier today. We were contemplating the idea ofâ€¦. We had in the past been asked by St. Germain to take some of the kingdoms into the Golden Crystal, bring them back to Source, purify them with the infinite love energy and then reset their matrix holograms with these new perfect refined beings filled with Love. And I was just like everybody else watching for news, seeing if any changes came, seeing if there were new UFO sightings, seeing if there were new arrests, watching. And last week, we had all that news about Ted Kennedy, history review and it went on and on for over a week it felt like to me.

Anyway, I was starting to get disappointed and down in the heart and I had an idea this morning. If we could take all of the aspects of Earth back up to Source and reset it in the Matrix, we had forgotten to ask for Peace to be set into the Matrix. So this morning, we asked all of the G20, all of the world leaders, we asked as witnesses, the press corp. We called together Earth Councils, all members of Earth who represent any of these aspects and also then we called together an Angelic Council, with all the Archangels, the Elohi and the Elohim. And we called together a Galactic Council with representatives from all over the galaxy and universe. We asked all of them to join us at Source all the way back up high to the Godhead. Up, up through every dimension, go to the highest point and we would come together as councils and request that Earth has Peace now. So in doing this, we gathered these councils together, we decided to leave from the Lemurian Solar Disk. We visualized the Lemurian Solar Disk pushing the Light up through all the dimensions, past the 352nd

dimension. Out through the layers and levels above that which are Light and only Light going all the way back to Source. Then we had a meeting at Source at the Godhead and we asked the Councils to ask each other that we have Peace on Earth Now. That we purified that at the Source with the infinite Love energy and we brought with us a sample of the new Earth Matrix Hologram and we had put it in a container and when we got up to Source, we opened it up. So it opened up to life size, the whole hologram was there and we asked that Peace be put in the hologram as what new Earth is. So we had that experience and we came back and after that, we decided to ask Mother Sekhmet her interpretation of what happened and this is what Mother Sekhmet had to say:

Yes! My children. Now you see on a much larger scale, what I have been hinting at. This had to happen at just the right time. And it did! There was a matrix computer program running. This computer program is on an endless loop. It is continuously being upgraded and only one thing will make it stop. During the Orion War, Neptha El-Ra "unzipped" and Metatron joined her and he asked everyone else to unzip and they said: This ends Now! The only thing that was going to end this incessant computer program, was to return everything to Source and ask for PEACE now. You took representatives of all the World Leaders, representatives as witnesses, the Press Corp, to form an Earth Council. You took an Angelic Council with all the Archangels, Elohi and Elohim, as well as a Galactic Council, including representatives from the Galactic Federation, as well as, representatives from all Earth Realms, past present and future. You took this group together and brought them to the Lemurian Solar Discs. You asked each one bring their TF so there would be a male/female balance inside each representative. You joined with all the members of the A-Team and raised everyone up on a light fountain to push them up up up through the dimensions back to Source.

Then Mark/Kai, Beth/Thor jumped on the back of Erendahl to fly up ahead of the goodly company, and guests, up through all the dimensions, up through what is beyond the 352nd dimension, up to the realms of Creation where there is light and only light and up to Source. Up to the Godhead. Here the Councils came together as one. Mark and Beth stood in the Center and thanked everyone for coming today. Everyone was a little stunned as the blinding white light combined with the very High energies and was deeply profound. Mark and Beth stood in the center, and said to ALL, We Asked You Here Today, Because We are Asking You to Return Everything On Earth Back To Love. We Are Asking For PEACE!!!! The Time for Peace Is Now! Then Beth opened the cylinder containing a mini model of the new Earth Matrix Master Hologram, returned back to Source and opened it, where it opened to full size at Source and asked that PEACE be included into the Master Hologram for Earth.

During this meeting, those who will be leaving Earth, surrendered themselves to Galactic Forces and were taken into custody. The other thing that happened, was, everything that was there was touched by Source, Pure Infinite Love. Nothing that is not a part of the New Earth Plan, was allowed to return from the meeting. The Ones not coming back, no longer helpful, returned themselves, in an act of love and peace, back to Light, back to Source. Then the computer program, running on an endless loop was changed, altered, rewritten, abbreviated. The computer deleted all the parts which were not an answer to or part of peace. They are gone now.

Only after this was done, requested by someone from within the matrix, could we continue with the arrests, announcements and First Contact. THIS is why we always say: NO DATES, NO NUKES BECAUSE It was up to YOU!!! Your co-consensus reality had to REMEMBER it was YOUR responsibility to ASK FOR PEACE ----YOU MUST ASK!!!!!! How many times have we said that to you? Bravo!! We have waited and waited and waited for this day! NOW we can move forward with our part. You had to, as a group, come to the understanding that you had to ask for Peace. You had to ask for everything to be returned back to love. This was the special work Gaia and Vywamus had for Mark and Beth to do, which involved Earth. This is the message Lady Venus and the Goddess Demeter brought to Mark and Beth: That they were going to "get what they had asked for" When you asked Metatron, What did we ask for, he said, YOU asked for Earth to be returned Back to Love!! And you both rejoiced and said that is all you have ever wanted. TODAY you made it a reality. It had to be asked for this way. Beth was right when she said the Matrix Movies, I mentioned last call, were a coded to message. ANYONE was able to pick up the message. You two just happen to be the volunteers who heard it and followed it.

Now that everything has been returned to Source, and been consciously, through effort of joint councils, with representatives from All That IS, in attendance, agreed to return Earth back to Love, return everything on Earth to Peace, now the Galactics can move forward with what they have to offer. This is what was meant when we explained that the Galactics CANNOT do it for you! NOW everything moving forward will be a joint effort with Angelics/Galactics/and Humans joining together in agreement in order to carry out the next steps in the New Earth Plan. We have been predicting that everything would break loose and we would begin to see obvious big changes. Between now and one week from now, by the time we reach completion/completion/completion many of the MAJOR steps in the process of beginning PEACE will be

underway.

BLESS YOU.~Mother Sekhmet

MARK: And something I would like to answer. For those of you who have not read [James] Tyberonn's channeling of Metatron about 9-9-9, you might find yourself wanting to do that [ [www.earth-keeper.com/EKnews\\_7-11-09.htm](http://www.earth-keeper.com/EKnews_7-11-09.htm)]. Because he gives very technical answers to this specific crystalline changes and activations that will take place on September 9, 2009. That is our 9-9-9 to which we refer. That is a very important thing to read if you are interested at all in what is happening, actually physically happening. Because as we are shifting our bodes more and more and more, we are already at critical mass. Meaning we are over 51% crystalline on the planetary scale and some are quite a bit beyond that and some are around that level. But everyone here is able, if they so choose, to move on upward. And what this does, is to activate and connect up a more of a huge crystals which actually came originally from Arcturus because they grow crystals there of well, higher than physical properties. Higher than electrical properties.

These are very, very special crystals and they can only be done by the highest masters in crystallography because it embodies consciousness as well as communications and other things. So this is what the planet had at the fall of Atlantis. And those crystals were taken to hyper dimensional pathways inside the planet into various locations so that they could not be recombined, or found and misused. So now that everything has been reset in the Master Matrix Hologram, as of today, none of this can EVER happen again. It is not a part, it is not allowed, it will not be supported by any form of life that is still here. So this is the day to rejoice at that. And when these crystalline amplifications happen in various places on the planet at Mt. Shasta, here in Santa Fe, down in Brazil, Bimini, and a few other places. As this goes around the world and these activations take place, it raises the frequency to 75% of what would be called full planetary ascension. That is quite a statement to make - 75% of full planetary ascension capacity. So we are shifting, ones who are shifting, say as an example at the 51% level or 60% level, everyone is included.

The thing is that it will take a few weeks longer because some of these steps take 3 days each to take place as Beth explained from Lord Arcturus. Some of these, it just depends on the being, how their health is and everything, they can take 2-5% steps. But they can't take it any more often than 3 days. This will bring everybody up until everybody reaches that level of 75% and at that point, we will have all of our new technologies. [Interference] So anyway, as this technology is raised up, these are actual frequencies, and as that technology actualizes and activates these humongous crystals, this spreads around the Earth and that means that you are crystalline to the percentage of crystalline that you are. That's how much will be affected by this. By this initial thing that will happen at 9:09 p.m. on 9-9-9. A very powerful moment indeed and this is not something that can be ignored. Nor is it something that won't be felt. Nor is it something that won't have outward pictures on the outward happenings that would affect. This is the biggest thing that has happened thus far to all of us. And we had to get everyone over to 51% crystalline from carbon based in order for this to be tolerated. So this is a day of celebration that is coming up. And as of that day, nothing will be the same and yet there will still be a process of going through because activations will continue until everybody reaches that level.

It is a time for rejoicing, it is time for celebration, it is a time for you to begin, if you have not already done so, that you will begin to receive internal instructions, internal connection with your higher aspects/higher selves. And also become more aware of the planet as a living entity of which you are also a part. And which the magical kingdoms of which you've heard us talk about before is also a part. All of these things are going to become consciously connecting and some people are already feeling these already. So this is a major boost. It is THE most major boost. So people out in the street, we want to say, that no one will not go through that day and say nothing happened. So we are hoping that this message and you heard what was said here earlier and it was said the way it was. Some things were repeated because they are that important.

We took both, if you want to call them, light and dark up with us. And I can tell you after that, my physical body was shaking for a half hour from the energies that were released there in that journey. So this is the most powerful thing I've received to date. Seriously, personally and there was no question that something very, very major and wonderful had happened. And we didn't have to do it. All we have to do is bring them there and ask and everything, the councils and all the other members, you might say, just simply by agreeing, started making the changes right then and there. And those changes you heard Kauila discussing, the KOS message he read came after this one from Mother Sekhmet and so this is just confirmation. And I believe Rama and Tara are on the line and if they are, I would like them to come in and share their messages they have from today.

RAMA: Well, I'm trying to calm down to be able to talk [about] what I heard today. I got to speak to Natasha in person today and she was sharing with me that all of the issues that are being discussed are fully being implemented where the Galactics are fully in present time stepping into all situations on all levels. And the

GOP in Exile are just that in exile. And it is the place in which you and I are ONE. And it is only about Love and nothing else. And what Natasha shared with me today is the understanding that there are many things going on that are bringing universal healthcare to every man, woman and child in this country and spreading out exponentially across this planet. And all of the other things that are being amped up in a fear factor sort of way, are just that. False evidence appearing real. We don't need to go into those, because that is all it is, empty air that is falling on deaf ears. And the way Natasha put it to me, you focus on the violet flame and St. Germain and that energy coming in cannot be stopped on any level.

TARA: Tell what happened on Thom Hartmann yesterday morning.

RAMA: Yesterday on the Thom Hartmann Show, Hightower came on along with Thom Hartmann and they were physically screaming on the air: Dick Chaney needs to be immediately arrested and brought on trial for being the co-conspirator that he is for implementing 9/11 along with the Bush/Clinton Crime Family!

Also, I entered a very interesting story today, was on a short wave radio station, and it was with this guy named Harrison on the Edge and he is a fellow Air America Host that is like Richard Green and Thom Hartmann and \_\_\_\_\_ Antonio and Bob Kennedy, Jr. They were discussing a little known group of folks who worked for the Justice Department and you could say, they were called the Ex-Files of the Justice Department. And they were discussing what if 9/11 was just a cover story for something much deeper that goes into the stories about beings that had come from the stars and the fake dog and pony show about 9/11 and Sadam Hussein and Osama Bin Laden, a fake story. They had to cover themselves creating a false Black Ops situation in this country and not discuss the real story which was about the Nephillum and the other Elohim that fell from grace many eons ago. They went into the discussion about these Elohim made it with the sons and daughters of man and genetic hybrids were created. This was being discussed on the radio. I mean, this is BIG. It's like, a breakthrough going on.

Also today, I mean not to change the subject, but they were discussing how the whole drama going on with 9/11 is just this day, it is still not quite being brought forward. Yesterday, the National Geographic Channel, they had a you know, conspiracy theories and stuff going on about 9/11. They didn't quite go all the way.

TARA: No, they didn't tell the truth.

RAMA: No. It's coming to the place, where I mean, today on the Dian Rhem's Show on NPR, Jeremy Scahill was on and he came out right on the air and said, the Bush Administration did 9/11. They are the criminals, they need to be immediately arrested, brought on trial and executed for war crimes.

TARA: And Jeremy Scahill was on the Keith Olbermann show last night saying very, very precise, indicating the same thing.

RAMA: And all the other things going on out there are just the false evidence appearing real. It is just that. And like Ashtar has been telling us. Over and over again, stay in your heart. Now is the time for Peace. It is already complete. We are witnessing the changeover with all of what's going on. Stay in the heart. And I had a bit of an interesting experience in the last 24 hours where I went with Archangel Michael and Katartec and a couple of other paschats where I had to go. And I asked on my own to go and work on a man who is a counter terrorist interrogator and that's all I'm going to say about this man. Let's just call him John.

TARA: And he has been misqualifying his role with his family using counter terrorism against family members.

RAMA: Because he was programmed by the dark side. And I went on a journey. I asked to do this with Archangel Michael. I went with these folks to a room and I witnessed being in the room and this man was sitting at his desk and he had all kinds of files sitting on his desk. And a fifth of scotch sitting there and in the fifth of scotch, there was only a quarter of it left. He had his head in his hands and he was like literally in despair. I asked Archangel Michael what should I do now? What is the best option here? And Archangel Michael said, put your left hand on his heart on the back and put your right hand on his crown chakra and I did this. I just sent love into this being and he immediately sat bolt upright and started looking around wildly and flipped his hair back with his hand. He started feeling to see what had touched him and he could see nothing in the room. He kind of shock it off and went back to his files. I asked Archangel Michael what should I do next? Archangel Michael said, you know, just send him love with the energies again.

TARA: Put your hands in the same places again.

RAMA: So I did that. I just you know, focused a little more with the violet flame and then this man, he stood up and he reached on his right hip. He had a gun there in a holster. He opened the holster and looked at his gun and it was loaded.

TARA: He had to make sure there was a loaded gun there.

RAMA: And then he sat down again. He was looking around and being very disturbed, yet he couldn't see nothing in the room at all. I asked Archangel Michael what to do next. And at some point, I transferred myself from that room to the bridge of the New Jerusalem. And I was standing at my station with this man's auric field on my screen and I had the outline of his light body as well as physical and I just started flooding all the bodies with the violet flame. As I was witnessing this, I just saw him literally just his head hit the desk. He just passed out. I asked Archangel Michael, is he okay? What is going on here? Archangel Michael said his body took as much love as he could, he shut down and he is reintegrating. It is like a reboot. That's when I woke up this morning. I praise, respect, thank and love all the feelings this is bringing up for everyone because it is only about love. I had to go through some stuff to look at this to heal my own issues. because in the past, I have had issues about this. I am taking it to the next highest levels where there is only love. Now is the time for peace.

TARA: I would say that what has been set for the agenda on tonight's call was called for by Mother [Sekhmet] and then the KOS came behind that and strategically said that we as a collective now, everything that we do and say and feel in this moment and all the challenges that come up. Every single moment of our mundane daily lives are just like Rama was saying. He asked to help in a situation which needed intervention which was sitting in our space where we are living right now. Each of us, as those challenges come up in our personal lives, whether we are at work or home, on the Internet, while watching these programs, while watching things go by. That the issues that come up, good, bad and ugly and still issues for us in our own personal being to heal. And the reason that Rama was given the opportunity to work with this man was because Rama had memories in a Galactic War before coming to the Earth plane in Orion's Belt which has to do with the big story right now. Yet he was personally involved.

So the issues for this man were pretty much the same even though he was only involved really in this story as a military man. Although his power as a high security clearance man having a death op was doing the bidding of the dark lords of Orion in this end game right now. Because every time he did something they asked him to do and made his phone calls from his desk to different countries and different characters all over the world. Within less than a few days, the person he was discussing matters with was found dead which means he was committing genocide as a useful tool of the dark Reptilian landlords of the planet and remembering they are all dead. It is a mechanism of you might say, the remnants which is there still. And that is what we all are now realizing fully as we heal all the illusions of these issues. And they could be fears that we don't even recognize as fears. And they come up as something triggers them. And a lot of this stuff on the Internet is triggering a lot of it. They become very, very focused on these issues. The Swine Flu and the required so called [mandatory vaccines]. Barack Obama made an official announcement, I think just yesterday, that there will be only voluntary instructions. It happened today, okay. In other words, nobody is going to be forced to take a vaccine. And it has taken the President to make that announcement.

Even our own people or people who are expecting money from some projects, they are getting snafloed by all of this scary stuff that is going out there. Still yet, a piece of this belief that there is a greater power than what appears to be so that appears to be in power. And that appearance of all those fear based things have no power at all unless individually in our own daily lives, we give them that power. This is why it is sincerely a good thing today that everybody sent their questions in ahead of time. Those kinds of questions which are still based in questions about what appears to be the power and all of the scary things that appear to have power, that those things are screened out of this call. And that they would be screened out now for good and that our brothers and sisters who are still behaving as if these things do have power.

It is in our responsibility as a collective group now, to send them equally all the love that they can hold and more. That is a very good way for us to heal any remnant seed of fear that we may not be conscious of inside our selves. This is disenabling those who still believe that they are in the light reacting to these fear based issues. They are not. They are enabling the dark by continuing to discuss these fear based issues as if they do have power and continues to divide from the heart and that is called as by the way that it has been arranged now. Been to teach us the power of the positive thought. St. Germain said it very well 400 hundred years ago when this whole banking Bauer Family now called Rothchild New World Order, Eclipse of the initial renaissance which began with Sir Francis Bacon, Leonardo Da Vinci and Nostradamus. Within that period. From the 15-16th centuries when they came in to redirect the current darkness toward the light. Those of us [inaudible] now.

We have responsibility for our brothers and sisters who are still propagating and dancing around ideas of the darkness. We must understand that Love is the only key and that's why St. Germain said, 400 hundred years ago to the bankers, the Bauer Family. I will not say, may God Bless You, I will only say, may you, each and every one of you, pass every test and that message has gone out 400 hundred years ago all the way to the present. And this final test for all of us collectively is in our hands. And that's what Mother was saying when Beth was reading what Mother was saying, it is now in your hands. You are the High Council, you are the

Council of 12. You are the hierarchy, may you pass every test. May you remember to focus on the power of positive thought. Accentuate the positive, eliminate the negative and do not mess with in between. We collectively, steadfastly holding the faith in the wisdom of all that we have learned in every lifetime now. It is the power that we have been handed. And the next step of post NESARA (which will be the next call), all post NESARA questions begins on this call and may we never turn back. No turning back. And Rama wants to say something.

RAMA: I just wanted to say what you were just discussing. Beth and Mark about Lord Arcturus talking about how people can put their hands through living bodies and move through them. It's not a hologram, it's for real. There are physical doctors. Dr. Tony is one of them. [Dr.] Gregorio is another one from the Philippines.

TARA: I don't think Dr. Tony is on the planet anymore. He's from the Philippines although he left the planet now.

RAMA: But they can actually move their hands into the body and literally transform molecular structure to a higher level with the Office of the Christ and remove any darkness whatsoever and alsoâ€¦

TARA: So can we. This is the point. They are handing us the gauntlet. They are saying, you can do everything that we have done. Just like Jesus said you know, and more.

RAMA : That's right. So we are being taught exponentially now how to do this. Like literally like I did with this man John. I put my hands on him and I said, Lord make me an instrument of thy peace. That is the mantra that I had as I spoke with Archangel Michael.

TARA: Yes and we love you so much everyone. Thank you for the stick tuitiveness and listening with your heart song and thinking with your heart and feeling with your higher sense perception. Your intuition and all of the gifts that are there. The actions always speak louder than words. Namaste.

[5 minute break]

## **Part 2**

MARK: Before we do anything else, Kauila has just received some more information that the KOS has something to say to us. He doesn't know what it will be, but it should be interesting. So let's do that first.

KAUILA: Aloha everyone. Thank you for your patience for a few minutes before we go to questions and answers. [Channels KOS live]

KOS: Thank you, thank you, thank you. Thank you so much for being here today with all of us. We are a unity. We are a CALM unity. Calm together. What you have heard today is such a grand event and as they did say on the Seinfeld Show, you will know which one it is for those who watch it. This is real and this is magnificent. It is absolutely real. It is absolutely magnificent. In the highest sense. In the most high dimensional level.

As we progress through this time of grand completion and grand openings, please remember that these grand openings are within you. These grand openings are within your great Macy's store because it opens all dimensions to you. We just remind you, please to follow the heart. Follow your inner guidance in all matters seemingly large, seemingly small. Even like stirring your coffee, or stirring your whatever. It's like many [inaudible].

We thank you for being here with us today and we know what you are about to see will astound even those who feel that they are prepared for it. These closings are mighty. When the gate closes on a large door, it makes a large sound. Be prepared for some large sounds. Be also prepared for the great sound of joy from within. We say in all languages that we can think of,

Aloha, Mahalo, [thank you in other languages]. Thank you, thank you, thank you for being with us at this time. And so it is.

MARK: Well thank you for that Kauila for bringing through another message from the KOS. I'm sure we are all pleased to have that. That will help us now to move into questions from people from the audience.

WMC GAL: This is Karen in NC. Mark, I had a particular question related to the 9-9-9 event. As a support team for those of you that are out in the front, how can we best prepare over the next 8 days and how does the Galactic Councils want us to participate? Particularly on that day, besides the call, in our personal lives, what can we do over that time? Can we gather with you in spirit or in person during that particular event? Please describe how we can best help you.

MARK: Well thank you Karen, we appreciate that. The most important important thing that we learned today was that inner peace is the essential ingredient and method by which outer peace can be declared. So if we

have in this 8 days any issues such as the one Rama mentioned. That he was helped, he was given an example of the situation that reminded him of the situation that was very traumatic. Very, very traumatic which brought up a lot of anger, rage and helplessness because he was controlled from the outside. Many other people will be coming awake and understanding that they have been controlled to a degree that is incomparable to them. It will be a difficult challenge to forgive. That's right. To forgive and release after acknowledging. That was part of the meditation tonight. To go inside to see what disturbs your peace and if you had an example of that in your life today, acknowledge that and speak to that area of you that was feeling that. If it's emotional, then it's there. If it's mental, it's there. If it's spiritual, it's there. Whatever it is, that's the most important work you can do in the next 8 days that we were told.

So wherever we have issues remaining, there is nothing you need to do out there except to honor your own truth. And as that happens, and you are willing. Each of us is willing to acknowledge where you might say, we have some rough edges, where some anger comes up that is disproportionate to the situation. Wherever those things are, acknowledging it and using simply the phrase Ho'oponopono. This is I'm sorry, please forgive me, I love you, thank you. That's in Hawaiian. When that's done, magic starts to happen because first of all, you are acknowledging your feelings. You are asking forgiveness for judging whatever it was that was involved that you are that angry at. Because remember, anger cannot come from outside. If it is outside, we choose to let it in or not. So that is our work in the next 8 days. The more of that we do, the more prepared we will be for the amplification of the positive energies coming in.

There will be more awareness of you might say, the situations that are alive that are calling for our acknowledgment. They don't require the usual kinds of processing that you would have done in the past. Simply saying, I acknowledge you, please forgive me for having judged you. I know that what I'm seeing out there is inside of me and I'm judging myself. That is what the process is. And when you say, because I know we are ONE. I love you because there is only one of us here and I will not be a house divided. And I welcome you to come up and flow because we know when we do that, key log in a jam up of our energy releases. When that comes up, it could be a little bit contrasty, but nothing we can't handle. When that happens, it is gone, it releases. That's all it has been waiting for is our permission through acknowledgment and through embracing it, owning it so it can be released to go on and be re-programmed for other useful service.

So that is the single most important thing that I would like to share on that subject. And I would thank you for bringing it up because this is quite the moment and we need to be internally oriented rather than externally oriented. It isn't the arrests out there that will liberate us. It is the expansion, the self forgiveness, and the willingness to not project our issues out on others. Those are big orders and we will get a lot of help for those who are willing to do the acknowledgment and go there. So thank you for the question Karen.

CALIFORNIA: Hi Mark. This is Deborah. I wanted to ask you if you saw the information and what you think about the information from George Savales that says that the Galactic Federation of Light is a deceptive false light that wants to control us. I don't know if you've heard that information or what you think of it.

MARK: Okay. Something that was mentioned just before we started the Q&A, is that we are no longer going to debate other people's positions. That is their right to have their positions, and for other people to just use discernment and decide what they believe, what they don't believe. We are not here to tell people what to believe. We are only here to express mostly, Faction 3 News, Views and Happenings as they come from Faction 3 sources which are 38 levels above the President including the Galactics and spiritual leaders.

CALIFORNIA: Does that include the Federation of Light?

MARK: We do not want to talk about labels. If I were to get into this, we would have to go into a long dissertation of about what is this, what is the other. That we will leave to you. The essential thing is, we can tell you what our position is and we will allow other people to have whatever positions they have and we will ask that they be blessed and pray that they will choose correctly.

CALIFORNIA: Yeah. I'm just asking what your position is about the Galactic Federation of Light.

MARK: As I said, our position is that we are conduits for Faction 3 which includes these various titles are sometimes used to divide people rather than to include people. And we went up today to the Source level. We took everyone with us. Representatives for everyone here so that there would not be anyone left out. Now some of those people who went up there, when confronted with the blinding light of Source had a problem. Some of them gave it up, gave up their problem and asked for help. Others chose not to be a part of the new reality and so they were either escorted elsewhere and the ones that opposed this, were simply, shall we say, they are not with us anymore.

They did not come back from there. So once again, do not be led by any titles. Anyone whatsoever because they can be used by people with computer generated images who have taken on other people's titles and then

falsely broadcast their own versions of these things to where they corrupt them. The main thing is always "feel" the information. Feel the source of that information as best you can and make your own discernment. It is not about making other people wrong. It is only about choosing that which satisfies your own soul spirit and opens your heart, warms your heart and speaks to your soul. If it does not do any of that, well, then you make that choice. And if it does, if it makes you feel good, it uplifts you, your spirit then that is another thing to consider because your feeling will always tell you every time. You just have to learn to trust it. That is part of our duties, is to learn to trust our inner guidance and allow everyone else to have their own opinion. So we are not going to talk about labels. We've said what our sources are. We allow other people to say what their sources are. And what the truth is, that is up to each one to decide for themselves. That is all I care to say about that now. Thank you.

ESLT73: The Arkansas Pink Crystal gets activated on 9-9-9. We live on the edge of the triangle with Eureka Springs [Arkansas]. How will this affect all of the people in the USA?

MARK: Well, first of all, it sounds like that person is familiar with Tyberonn's channeling with that location and date. First of all, let's make a summary statement. If you are there, you are in the most powerful spots on the planet. People who are attracted to that usually have a mission in that area. That will define itself more as this goes forward. After 9-9-9, there will be some that will feel they've finished their work there and will go elsewhere. Where a lot of others will suddenly move there. There is no specific answer for a particular person. You have to trust your inner guidance which will become more and more obvious and palpable to you at that time. There is no right or wrong place. [Interference].

It is a very powerful area. If you are living in that area, be joyful because if you were guided there, you are at the place at the right time. If you are guided to be somewhere else, like we're guided to be here right now. We're in the right place. Everybody will be in the right place at the right time and anyone who needs to make a change will be guided internally. And with this 9-9-9 activation, 75% the same as if we're talking about planetary ascension. All the things that go with that. You can just imagine what that is. For many people, it will come to ascension. Think about that.

CINDY: People are asking about post NESARA and they are wondering if more of the arrests will start happening before 9-9-9.

MARK: Well this is not a post NESARA question, but there are more arrests that are going to take place. As we said already today, many who went with us, did not return. So you can just understand that these depositions that are going around the clock, they will give no, I mean obviously they cannot release any information before it is ready to be released. But what you are seeing on the external level is almost completely unimportant. If people will just focus on what they want that is positive, not what other people are doing or needing, but rather if they will focus on what we want ourselves that is positive, that does not hurt or harm another soul or demean another soul, then we'll be on the right track and that is the most powerful thing we can do right now. Yes, there will be more arrests. Of course that is a part of this.

We know that when that happens, the next thing you are going to get is NESARA's announcement and you are going to get decloakings. Those two final things could come together or within a short time of each other, but decloakings will support NESARA. NESARA will support decloakings because the information, the knowledge of the Galactic presence is one of the biggest cover-ups and one of the biggest stories never told or talked about so this has to be part of the next step. So as our awareness goes up with these activations, as the energies that support NESARA through higher dimensional technologies. All of these will happen and I will repeat once more. When decloakings occur, that event alone without landings and without anything else, it will not start until the arrests are made. Because certain people do have to be removed and to a bright place of jurisdiction which is the Hague and they need to be no longer controlling the apparatus of government of this and maybe 190 other countries as well. So this is just something that is a step-by-step function. There is a sequence and there is a flow to it. And when the one thing critical for that to happen is arrests.

Remember we have 100,000 indictments out there or more that are waiting to be unsealed and served. Executed. When those happen, many of those people, I will tell you, are no longer there in physical hologram place only. So when that happens and they are physically arrested, they will literally be taken to the Hague although their physical structures have already been removed because they have already been evaluated in the High Courts. And the ones that have zero chance of reform or improvement, it would not be merciful to sustain them and they were doing too much to stir up, what you want to call, armed dangerous actions. That will not be tolerated. So that is why that is important. And we can have any of that at any time. We know that we will see many of these things within a very short time. So I hope that answers your question.

LONGBOW163: Is there any truth about the 40,000 refusing to go back to the war zone? I believe that the troops won't turn on us.

MARK: Well, first of all, the last statement is the most correct. And secondly, if Rama and Tara are still on, Rama or Tara, you may want to answer that question.

RAMA: I will say that the troops will not fire on unarmed civilians and that goes to the level in which there are many that are still refusing to fight.

CINDY: The questions are relating to bipolar. There is an epidemic on that now and things about people that are autistic and mental diseases. Once the 9-9-9 activation happens, will these people be healed right away?

MARK: Actually we can answer that pretty globally by saying, as soon as we have landings, there are healings taking place now on the ships. As those frequencies goes up as we've said before, one of the big things about these frequencies or activations, both internally it is our own crystalline structure which does not deteriorate. It can heal itself. So we will have spontaneous improvement. I'm not going to call them at those moment initially, healings. I will say spontaneous improvement with individuals without any interventions whatsoever. When we have landings, they will bring equipment out and we will have new healing modalities that are so sophisticated that most surgical procedures be needed and be allopathic medicine and big pharmacy type of prescriptions. That kind of medicine will go the way of the Dodo bird. So yes there will be big improvements, but we will have to have landings to get the new equipment here. But in the meantime, anyone who needs that and is a positive oriented individual, they can ask internally within their own being and ask to be taken to the ships at night and they will be given help. But what their problem really is, is not the physical condition. If it's a psychological or mental condition, then they may get that help because it's really the cause of the physical condition. Wherever that is, it will be evaluated on a higher level and that is what will happen. But once the ships land, everybody who asks will be afforded medical care.

BETH: Do you mind if I add something to that please?

MARK: Sure.

BETH: I just wanted to say that often times people come into their lifetime choosing a health challenge and many times when infants are born with congenital problems or also when children come down with cancerous tumors and very difficult cancers and that sort of thing, that is a learning experience not only for the individual but also for the family. And when these new healing modalities are available, they must be asked for. They must be requested by the individual. They must be time for the individual to not choose to learn from life lessons this way. So in many cases, you will not see mass healings just because the Galactics show up. This will be a process and it will be important to educate people and be supportive to them and let them know it is available for the asking.

CINDY: By what you are saying just now, another question popped up. What if the person is, let's say, in the hospital or home and they are mentally not there anymore because it's so far advanced for what is happening to them. Could a family member or nurse or friend ask for this person to have them healed or since they are not in our minds coherent?

BETH: This a gray area, but I will share the knowledge that I have and understand personally. I have when I was at the bedside as a nurse, asked my higher guides, can I ask for this person? And on a routine basis, I was told no, you cannot ask. If you are their nurse, you cannot ask. As far as a family member, that would also be on an individual basis. But there will be times when a family member will ask. This happened to me. I asked one time for my son and I was talking to Sananda and Rafael. They said, no, he has chosen this as a life lesson and we cannot intervene on that level right now. Now in the future as the new technologies come out and more is available and more people become open to this and the planet is ascending, etc. Things are changing so much. Those things I anticipate they will change in the future, but I would say it is strictly on an individual basis. For example, if parents have a down syndrome child that they are living with and they want to go ahead and ask for night training for the child and also for healing for the child. That is absolutely appropriate. The one working with them doing the healing will go in the inner planes and find out what the individual needs are and ask appropriately. Asking is a good idea and then accepting what is given is what needs to happen and that's a little ambiguous, but that's the truth as I understand it.

CINDY: Would you talk about Galactic dental care? Will we have crystalline teeth by then?

BETH: Okay. Excellent question. I had other people ask me this before and we have tried to do dental healings and I've had difficulty with it. It is much easier to work on the soft tissue. I have to say, I don't have much experience with it. As far as the crystalline body goes, there is a lot of things I don't understand about it. But one thing I do understand is that the more crystalline our bodies become, the more health we will possess. And everybody knows that the health of your teeth, the nerve roots in the teeth and the enamel coatings. All of that is related to your health in your body. Your nutrition status and all those things that go with it. So as the body becomes more crystalline, you will have the tooth health and you will have the teeth

filling in the parts that aren't right. You know, cavities and chips and different things can fill in. That will be happening. As far as what you expect at this moment, I don't know.

CINDY: But when we do have First Contact and the healing is available, our Galactic Family, they'll be able besides the other part of the body. They can heal the teeth and the gums if it is in your life contract to do so.

BETH: I would say that would be something that would be simple and expected. Yes. That should be something that everyone could expect. I was talking about what is currently available.

CINDY: Okay. Is President Obama still our covert guy and is he acting as planned?

MARK: The answer is yes, yes. Until we have the arrests and then NESARA's announcement, and the Galactic phase which are almost 1,2,3. They just will happen pretty much together, but the arrests are first. Until we have that, it is not safe to take all the other hats off. And have wandering [inaudible] which is total honesty, total truth, total loving servers. No one including him or any of us, that is not dedicated to loving service will be here. They will have to shift immediately so they will not be in the position to do any harm and probably won't be here.

CINDY: Is there any truth to Obama stopping the freedom packages?

MARK: Again, here is another one of these bogus programs. They want to try to create false issues, disinformation issues, to serve to divide everything. Almost everything that is out there on the Internet that is not Faction 3 has distortion in it. Rama do you want to speak on that? Or Tara?

RAMA: I will just say about that is all of these things concerning programs and packages - nothing will be released until after NESARA and even the idea of freedom packages - that is bogus as Commander Mark has said. And there are many stories out there about something called freedom packages. Anything after 1999, that's up to the KOS and I won't comment any further about that. Yet, I will just say that's coming from more of a place of misinformation on the Internet because I just know that is not related to the original 78 programs.

MARK: I would just add that we've had the honor last week on two occasions to meet with Lady Master Venus and Lady Master Seres/Demeter and I can tell you that they are both going to be involved with these world wide 78 programs with mentoring and being an adviser on those issues. And that's how much, that is how high level. This is Sanat Kumara's Twin Flame and that just tells you. Anyone that has been in service, husband and wife, or rather Twin Flame and Twin Flame has been in service to the Earth and all life here as long as they have. When they come here, they are coming in physical bodies by the way. When they come here, they will be mentoring and advising so that you can be sure of one thing. All the true programs, all the true projects are going to get the highest level of assistance available and it will be loving assistance. There will be no issue of you know, I got mine first so you don't get any. None of that stuff is going to be even tolerated one minute. That will be immediately exposed as a scam and a sham and those people will not benefit from their own program. They will, shall we say, be taken out of the loop. So be careful with these Faction 1/Faction 2 disinformation stories that are out there.

There are real programs and they are not being talked about because until Lady Master Nada announces on TV when NESARA will be, deliveries if you want to call them that. So the ones they are talking about are not the true delivery programs. These are false disinformation packets that they have been talking about for years. Going here and then being recalled by that person. Those are all political disinformation spin jobs. None of that has been going on. The real programs and the real funds are not accessible to them, no matter what they think and no matter what they try to make you think. They don't know when it is going to be. The only information that we can say is what we have given you. There will be arrests, there will be NESARA's announcement by Lady Master Nada and no one else. Then she will announce, as we've been told, within 72 hours of that announcement, then things will begin to do it. But before that even happens, we will have 36 hours. Lady Master Nada told us that's how much it will be now. 36 hours of pure information so that everybody in all the pertinent areas will have the basic information of the changes that are going to take place and how that will impact them. That is the most valuable information that anyone can give and any of us talking before that, is not going to be the latest and greatest information. So just be aware that those issues are involved. Stay on the positive and trust that it has all been planned. It is all going to be the highest and best it can be and no other way.

CINDY: That's it on the questions.

MARK: Okay, I have a question here that came in and some of the people might be interested in this answer. The question is: Are some or all of us in the new Original Lemurian Timeline? Are we all going to be? Well, that is an interesting question. We have an overlap area that includes people that may be leaving that are part of the old line. So obviously, they are not going to be part of the new line if they are leaving. Ones who will be,

everything is going into this New Original Lemurian Timeline is based on Twin Flames which means balance, relationships. Matter and spirit balance and all based on love and peace. Anything else that is other than that will be removed. So the answer to the question is, all who are going to be here after the ones in the old line who are choosing to go elsewhere are voting to go elsewhere by their actions, will be on the New Original Lemurian Timelines which is the only timeline that is going to continue. Everything else either has been removed and will be removed. There are a few borderline cases that they might decide on, but most of that has already been decided on the soul level by the individual. So here is some more yeses. Is this that is the NOLTL, the new Original Lemurian Timeline a peaceful timeline, without duality, without the cabal, organized religion, world wars etc. The answer is yes, yes, yes, yes to all of those. It does not include any of those. It includes peace without duality. Yes because we are moving out of duality. We are not into opposing or seeing the other person as wrong. Any of those people who want to continue that have already voted to go elsewhere.

If so, then are all our spiritual parts present as they were for us star people when we first formed Lemuria? My answer to that is: they are present and they will emerge as we bring them forward and use them for the highest good of all. However, using them for the highest good of all means that we will get some pop up exams. Quizzes when we test ourselves what our true motivations are. And when we pass those tests, we will get more. We will get upgraded. It is not just wave a wand and everybody gets everything day 1 whether they are prepared to use them correctly or not. Everybody will be mentored and that is the other issue. When the ships land, everyone will have one or two mentors or advisers of Galactics who will have reviewed the person they are advising complete records. Soul records. Galactic records. Where they will have all the information. Where they came from. What they were here to do on a soul level. They will be helped to understand their own purpose and to choose what supports that. They will be given every help possible to do that. Obviously anything that is supporting the new peace and love timeline \_\_\_ is going to prosper. I don't mean financially. I mean everybody will start off there pretty much the same. But what has to happen as this activation on 9-9-9 crystalline grid is going to be quite impressive. That will support the beginning of these activations. And many, and eventually, and all who work with the positive use and demonstrate their ability to act responsibly and be accountable. So I hope if there is anyone out there asking those questions have listened to that answer. This is coming up very quickly. And Beth talked about the other part of that which is how can we advance our activations of our crystalline structure. And the answer is you can ask for it. As you ask for it, they will take you up on the ships now and they will give you what you can tolerate. If you can tolerate a 2% advance, that's what you'll get. Then 3 days later, you may get another 2%. If you can tolerate 5%, you may get 5%. That is usually what it ranges, between 2-5%. Then you have to integrate that. That takes about 3 days. And then they will allow you to ask for another upgrade. And you can continue to do that until you achieve complete activation in your crystalline structure and no longer working with a partial carbon-based system and a partial crystalline system. But everyone is over the limit now so everyone can do this now so it will be available.

CINDY: Is Lady Nada in physical form?

MARK: You want to answer that question Rama?

RAMA: Yes she is in physical form and she is from the Solar Tribunal on Saturn and she is the Special Representative from the World Court in the Hague.

CINDY: Is the farm claims one of those programs?

MARK: It is the first. It's the foundation for all the others because all the changes that came about were the basis of those black farmers. Original lawsuits where their lands were taken away from them illegally and unconstitutionally. So that started those, you might say, all of the legal work that later proved that they were all based on fraud and that had to be remedied. So those funds, well Rama and Tara talk about this all the time and you can ask them at a later time, but the answer is simply that everything has a specific sequence in which it will be activated. I would rather use that term, activated. Which means that you know that in the U.S., Canada, United Kingdom and Australia - these will be the first 4 countries whose program will go into effect. Then the others have a specific sequence, I do not know what that sequence is except to say, that it is all worked out on the basis of karmic past and things that have to be remedied and in many cases, they have massive world wide pools of funds. When I say massive, I really do mean that. That are intended with the help of light workers who volunteer to go into those areas and get a new appropriate 5th dimensional infrastructure installed. So that can go pretty fast, but many of those have nothing and they have to have complete new infrastructures in all areas. The good news is they don't have anything so there won't be much to remove in order to put the new in place. They also have to have stable political institutions and governments. That will be one of the first orders. That's why instead of saying this will all be completed in X amount of time, they have said, it will all be completed around the world within 10-15 months maximum. At that point, everybody will have received the same amount as everybody else and all of these will be brought

up to the same standard as exists in any one place. Nobody is going to be left behind and nobody is going to be down at the bottom of the pond. Because in order for us all to unify and harmonize as a planet, we have to remove this fundamental basic building block. We have to remove what is there. We have put in place one that treats us all as equals or equivalent and then enhances and brings people up as fast as they can take it. And with the techniques and education and all of the medical things, most of these things can be remediated rather quickly. Much quicker than anybody could see in any standard way right now because all of those current methods are going to be so outmoded that they are not going to be sustained. And that means that the new has to be immediately put into place to remove those ones who no longer serve the highest good. So I hope that answers your question.

CINDY: In September, we have Mercury Retrograde for 3 weeks. Do you know if that is going to have any affects on the upcoming events?

MARK: Well, everything affects everything. And Mercury Retrograde as you know, it can be an opportunity if you are looking at it from the higher level. It is something that has not been addressed. Miscommunications, inappropriate communications so this gives us another opportunity to deal with this. We know that the current communications in all countries is based on lies so that's going to feel pretty uncomfortable to those who have been promulgating those lies and untruths. And misusing their power. They are not going to be at all comfortable with Mercury Retrograde because it goes over past practices, right? It tells you where you've messed up, but it is a great opportunity for Lightworkers because here's a chance to advance by quickly cleaning up any remnants of old stuff. So it's a great liberation. It is a cleanser, but it's a great liberation and we can improve our communications with each other and in all areas of business. We can all of that, gives us a chance to get an early look of what won't work. It is a certainty that it will shine the light where maybe it has not been shown before. That will play at things that won't continue so I would say it is positive. Now the wonderful thing is, it seems to me to fit directly into this first completion month of September. The first major 9-9-9 increase in, you might say, awareness and capacity to deal with it. We are going to have a lot more ability to deal with these situations after 9-9-9. And if anyone is positive should not be fearing these at all. In fact, they should look at them as great opportunities to improve communications and make sure they are on track with the vision this new timeline is going to require for all those migrating to it and electing to choose it. Because nothing is forced on anyone. If they choose not to participate, they will not even know that they aren't. They will continue on another timeline that they will wake up in the morning and go to work or whatever they do. They will do the very same thing they are doing now only they won't know they went anywhere. So that's what happens. If you make an absolute soul choice, it will be honored. There is no punishment. It will be honored and you will get what you are asking for. And this is not in a mean spirited manner. This is always done with love. It is giving the soul what it has asked for. It says, I'm not ready for this yet. I want more time to you know, to spiritually experience whatever. I am experiencing now before I have to make that choice and that will be granted. They will be given that. This has already been identified and they will just in many cases, will be brought up to the ship and wake up the next morning in their new location and will never know that it was there. They won't even think about it because they will have basically what amounts to a forgetfulness. Only pay attention to what is here and the people that are here in your location now and the kinds of things you are doing. That is what they are doing and they won't even know that is happening.

CINDY: Mark is accepting questions, no personal questions at Questions4markh@yahoo.com. All the questions are screened before he sees them so Mark could you elaborate with types of questions they can send to you?

MARK: Well, we are getting quite a few questions now, but it has to do with questions that will be answered in the first 36 hours of announcements. Basic infrastructure changes. You know, all of those things. So many of these questions have to deal with what will be already fully known. That is why we were encouraging people to tell us their visions that follow all of that happening. Perhaps that wasn't made as clear as it might be. I'm only saying this as a suggestion because people are free to send whatever they want. But specifically for the 9-9-9 thinking, pretend that you are because on some levels you are, an Earth representative to Council. That you will be asked your opinion, your vision. If you have questions about how things are implemented, they will be answered seriously. Not as a joke, they will be given. What you would give to any counselor. Just like what Congress would do if they were operating under truth things. So just take that into consideration and we will try to get people's questions. Ones that cannot be handled due to the criteria or whatever. We will try to get these out later so that people who ask questions will get answers. We will sometimes combine similar questions and answer several at the same time. But we will do our best to get them out, even if they are not answered before 9-9-9.

Tyberonn's website is [www.earth-keeper.com](http://www.earth-keeper.com). That is where you will find all of his postings. It is a very good article to read. You will be glad you invested the time to read it because it is a barn burner.

If that is all your questions, I would like to ask Beth, Kauila, Rama and Tara if they have anything to add.

CINDY: I have one last thing. If anyone has administrative questions like how to get the [www.grt-intel.com](http://www.grt-intel.com) website address, or how to join the yahoo group, or how to get on the Talkshoe email list. Any type of questions like that, please send them to [www.white\\_galactic\\_wizard@rocketmail.com](mailto:www.white_galactic_wizard@rocketmail.com). I answer all those questions so Mark doesn't deal with all that. He gets to go out on all these nifty trips.

BETH: I just wanted to thank everybody. It was a really great information night. Especially from Tara and Rama. It is always good to hear what is happening.

RAMA: Thank you. I would only just say that as we have been witnessing such incredible experiences on the journeys that we are all going on. Like what happened a week ago yesterday, expect miraculous events like those ships showing up unannounced over China. More and more and more of this is going to continue to happen. Unprecedented, unannounced and it is just going to spread like wild fire.

TARA: And I would just say that as we continue to watch people like Keith Olbermann, Rachel Maddow, Amy Goodman; continue to embrace tremendous understanding and love. The witnessing of accountability that is really amping up exponentially. And everybody that is coming on these special people's calls now are fighting for their very lives and we just love them. Just love them. Now is the time for peace and love.

KAUILA: I would just also thank everyone that listened to the call tonight and just one note that I forgot to mention as we were preparing for the KOS message in the 2nd half. Just before that, I was polishing this silver dollar and as we were talking, we had this beautiful shiny new American Eagle on this 1922 silver dollar. I forgot to mention that. I just felt like doing it. It felt to me to be quite significant. This is a completely new timeline we are on and this country that we live in called the United States. At least those of us who live here. This shiny new eagle half is ready to take off. So thank you very much and I will mention that everything is posted as far as the messages today and the KOS message on GRT. So thank you very much.

MARK: Okay, well I guess that pretty much wraps it up. I will add my own thanks to everyone for showing up. Everyone of you has a role to play and what that role is depends on you. If you have something that gives you joy, I would really strongly suggest, that you would really visualize that as much and make sure you mention it once a day at least in your meditation or in quiet time. Address it to your higher self, the Galactics or whoever you want to address it to. Don't worry about what other people's joy is. Just be making sure that you put whatever number of things you are considering next to each other and see which one goes to the top of the list that makes you feel eager to get up and go at it. Which thing gives you the most satisfaction and pleasure. It requires if you don't feel you are qualified to do that, but you would love to do it more than anything. Then ask for it. You will get the training if you need it because probably if it's that big of a desire, then it is already part of your soul plan. But you have to ask. And we have been told and shown so many times recently. They cannot access all, no matter what they want to. They are cheering for you, but unless you ask, they have to wait until you ask until they can offer any help. And they will.

These guides and mentors and advisers have been studying your personal record for a very long time. They know you better than they know yourself. They also know what it will take in each of our cases to achieve that. Whether it is some new training given to you in an accelerated manner in or out of body while you are sleeping or waking or whatever it is. And the people you want to be connected with. The ones interested in the same projects as you. You don't need to worry about that. Just trust. It would be like you look out and you said, well all the people, for instance were coding a certain thing. Let's call it, we'll call that blue. Will all of those connected to blue projects get connected? And the answer is absolutely, they will get connected. If they have a fragments or portions of their work, new work that they want to be with other people who have similar interests, that will be facilitated. You don't have to worry about that. They will take care of that because they have the records of all of those who have a passionate interest in those areas. This is much simpler than you think and at the same time, they are not going to do it for you. They will advise you, they will give you the information. They will help bring you together with other people. You don't have to worry about that. That is guaranteed. But the only thing is, they are not going to do the work for you. So thank you all.